

May 2009

Menus Subject to Change Without Notice

Milk served with meal.

723-3303

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
NOTICE: Our meals are prepared daily in our Food Safe Kitchen. Our fabulous cooks are Kathy Tolman, Angie Ruiz, Pat Vigil, Fran Rollins, and Gail Robinson. Suggested donation per meal is \$2.50 for those 60+ and \$4.60 for those under 60. Please sign up for lunch one day in advance, especially on those days when the meals are sponsored by a local business. The staff appreciates your cooperation.			Brunch and Learn Breakfast Burritos Sausage Stewed Tomatoes Hash browned potatoes	1 Cheerios Birthday Paprika Chicken Mashed Potatoes/Sour Cream Gravy Scandinavian Blend Whole Wheat Roll Carrot Raisin Salad Tapioca Pudding
4 Turkey Steak Mashed Potatoes/Gravy Spinach Whole Wheat Roll Fruit Cup Cookie	5 Cinco de Mayo Beef Enchilada Green Beans Corn Muffin Tossed Salad/Black Beans Sliced Peaches	6 Birthday Party Salisbury Steak Mashed Potatoes Steamed Carrots Fruited Cole Slaw Whole Wheat Roll Cake and Ice Cream	7 Ham and Scalloped Potatoes Summer Blend Vegetable Bran Muffin Dry Jell-o Salad Peanut Butter Bar	8 Mother's Day Russian Chicken Steamed Rice Asparagus Spinach Salad Whole Wheat Roll Coconut Cream Pie
11 Shepherd's Pie Sliced Beets Whole Wheat Roll Cottage Cheese Pear Salad	12 Veal Parmesan Key Largo Blend Vegeta- ble Bread Stick 3 bean Salad Cookie	13 Cheesy Vegetable Soup Turkey/Swiss Sandwich Pickles/Olives Fruit Cup Apple Pie	14 Dance Like a Chicken Day Chicken Fried Steak Mashed Potatoes/Country Gravy Country Blend Vegetable Cole Slaw Biscuit Spicy Peach Crisp	15 Pizza Party Day Papa Murphy's Pizza – Center only Goulash –Meals on Wheels Bread Stick Green Beans Tossed Salad Chocolate Chip Cookie
18 Gillies Roast Beef Mashed Potatoes/Gravy Oregon Bean Medley Whole Wheat Roll Pea Salad Raspberry Rice Krispie Dessert	19 Beef Stroganoff Noodles Squash Blend Biscuit Fruit Cup Cook's Choice Dessert	20 Pioneer Hawaiian Pizza Pasta Bake Mixed Vegetable Garlic Bread Tossed Salad Pudding	21 Mission Meltdown Parmesan Chicken Baked Potato/sour cream Winter Blend Vegetable Waldorf Salad Whole Wheat Roll Fresh Fruit	22 Pork Roast Dressing/Gravy Steamed Carrots Whole Wheat Bread Cinnamon apple Sauce Upside Down Brownie
25 Center Closed for Memorial Day	26 Chicken Chow Mein Chinese Noodles Chinese Cabbage Salad Bran Muffin Vanilla Pudding/Fortune Cookie	27 Senior Health Day Chicken Tenders Mashed Potatoes/Gravy Peas and Carrots Biscuit Tossed Salad Cook's Choice Dessert	28 Nat. Hamburger Day Hamburger/Bun Fixins Sweet Potato Fries Baked beans Fruit Salad Cookie	29 Integrity Spaghetti/Meat Sauce Italian Blend Vegetable Garlic Bread Tossed Salad Lemon Bar